

The Men's Metabolic25 Blood Panel

Gain a clear understanding of your personal biology & metabolism. After years of specializing in Hormone & Weight Loss Medicine, we've identified the 25 key markers, listed below, that have the most impact your energy, mental clarity and ability to burn fat and build muscle. The Metabolic25 will:

- give you a clear answer to exactly what is causing any changes in energy, mood, sleep or focus.
- identify what options you have to take your health to the next level for optimal mental and physical performance.
- identify the root cause of any changes in weight related to fat burning or muscle building.
- provide a clear outline of what lifestyle changes, supplements, hormone therapies or medications will work for you and your specific biology to thrive!



SILK LIFE
Medical

Primary Sex Hormones & Bio-Markers

1. Free and Total Testosterone
2. Dihydrotestosterone
3. Estradiol
4. PSA

Adrenal Hormones

5. Cortisol
6. DHEA
7. Pregnenolone

Thyroid Hormones & Bio-markers

8. Free T3
9. Free T4
10. TSH

Pituitary Hormones

11. FSH
12. LH
13. IGF-1 (Growth Hormone)
14. Prolactin

What's Included:

- Phlebotomy (Blood Draw)
- Lab Testing
- Consult with Hormone & Weight Loss Expert
- Detailed Lab Report Including Optimal Results
- Advanced Lab Review
- Customized Lifestyle and Supplement Plan Optimal Woman Page
- Customized BHRT (Bio-Identical Hormone Replacement) & Medical Weight Loss Plan

Labs can be drawn at our Lakewood, CO office for local patients. We also work with a nation wide network of phlebotomists and blood draw locations.

For any additional questions, please contact us at:
(720) 542-8445

Adipose Hormones

15. Adiponectin
16. Leptin

Pancreatic Hormones & Appetite Regulation

17. Insulin
18. Hemoglobin A1C
19. Leptin

Liver Produced Regulators

20. SHBG
21. Glucose
22. CRP

Vitamin and Nutrients

23. B12
24. Vitamin D
25. Magnesium
26. Potassium

*Additional Basic Health Studies include CMP, CBC, Lipid Panel, Homocysteine & CRP