

# The Metabolic25 Blood Panel

Gain a clear understanding of your biology & metabolism. After years of specializing in Hormone & Weight Loss Medicine, I've identified the 25 key markers, listed below, that impact your weight, energy, and mental clarity the most. The Metabolic25 will:

- give you a clear answer to exactly what is causing you to gain weight or have any trouble maintaining your ideal weight.
- identify the root cause of mood changes, fatigue, brain fog or less than ideal sex drive.
- identify exactly what hormone, vitamin and other biologic changes are holding you back from your Next Level Health.
- identify what lifestyle changes, supplements, and medications will work for you and your specific biology!



SILK LIFE  
Medical

## Primary Sex Hormones

1. Free and Total Testosterone
2. Dihydrotestosterone
3. Estradiol
4. Estrone
5. Progesterone

## Adrenal Hormones

6. Cortisol
7. DHEA
8. Pregnenolone

## Thyroid Hormones & Antibodies

9. Free T3
10. Free T4
11. Reverse T3
12. Anti-TPO

## Adipose Hormones

13. Adiponectin
14. Leptin

## How to get started

**Want to learn more?**  
**Click [here](#) to schedule your FREE consult.**

Labs can be drawn at our Lakewood, CO office for local patients.

We also offer at-home testing nation wide. We will send a phlebotomist to your home based on your schedule.

New Year Special!  
Metabolic25 (reg. \$549)  
ONLY \$399  
\*through Feb.. 30th 2024

**Ready to schedule your labs?**  
**call us at Silk Life**  
**(720)542-8445**  
**or email us**  
**info@silklife.com**

## Pituitary Hormones

15. FSH
16. IGF-1
17. TSH

## Pancreatic Hormones/Biomarkers

18. Insulin
19. Hemoglobin A1C

## Liver Produced Regulators

20. SHBG
21. Glucose

## Vitamin and Nutrients

22. B12 & Folate
23. Vitamin D
24. Magnesium
25. Iron and Ferritin

\*Additional Basic Health Studies include CMP, CBC, Lipid Panel, Homocysteine & CRP